

THE SOLANA®  
AT CINCO RANCH

*The New Signature of Senior Living*

Healthy WEALTHY & Wise

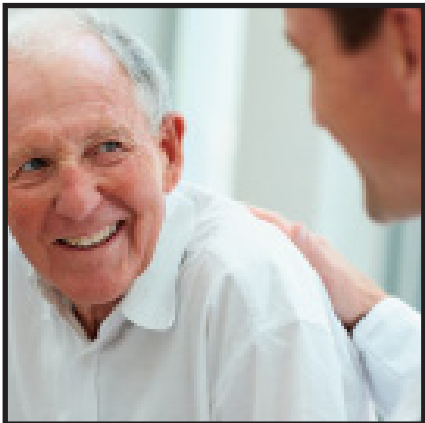


*Wise:*

SPEAKER: Teepa Snow, MS, DTR, FAOTA

“WHEN IS MY HELP NO LONGER ENOUGH”

Providing cutting edge staff training, programming oversight and educational seminars in an effort to offer the best quality of life for residents and families affected by Alzheimer's and other dementias.



*Healthy:* Wednesday, May 29, 2013 | 3-4 pm

SPEAKER: Moiz Ahmed, MD-Geriatrics, *UT Physicians*

“DECODING THE MEDICATION MAZE”

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SPEAKER: Kris Kerlin, *The Center for Stress Management*

“HEALTHY MIND & HEALTHY SPIRIT”



**WEALTHY:** Wednesday, June 19, 2013 | 3 - 4 pm

SPEAKER: Julia Dean, Elder Law Attorney, *Dean Law Firm*

“PROTECTING YOUR ASSETS”

&

SPEAKER: Joseph Wehrly, VA Benefits, *Texas Benefits Coalition*

“QUALIFYING FOR YOUR VA BENEFITS”

Seating is limited. Refreshments Provided. To RSVP, please call Christen Madigan at 281-395-9600 or email [cmadigan@thesolana.com](mailto:cmadigan@thesolana.com).