



HEALTHCARE HUDDLES

The Center for Stress Management and Institute for Spirituality and Health
Invite you to join us to share the vocation of health caring.

A 6-week series
Friday afternoons beginning June 16
June 16, 23 & 30, July 14, 21 & 28
Time: 1:30PM – 3:00PM
\$75 per session
Scholarships available if needed

A circle of support for healthcare providers to share the vocation of health caring. In the safety of a confidential, facilitated group, join your colleagues to discuss the impact of your work with patients, celebrate the rewards and challenges of the healthcare profession and engage in self-care and stress relief practices within a positive community of support.

This group is for physicians, nurse practitioners, physician assistants, nurses, social workers, chaplains, counselors, occupational therapists, speech therapists, respiratory therapists and other healthcare providers doing clinical work in the healthcare profession.

Benefits of Joining a Healthcare Huddle

1. Deeper and enriched experience of the patient encounter
2. Increased joy and fulfillment in the practice of medicine and healthcare
3. Increased connection and collegiality with other healthcare professionals
4. Increased ability to care for yourself while caring for others
5. Increased resiliency and more ease in the practice of medicine and healthcare

Facilitated by: Kris Kerlin, LPC-S
Founder of The Center for Stress Management, and Counselor

Location:
Institute for Spirituality and Health
8100 Greenbriar, Suite 220
Houston, TX 77054

Register online at www.ishtmc.org or call 713-797-0600