



In Partnership with Epiphany of the Lord Catholic Church

CAREGIVERS SUPPORT GROUP

What? A support group for those caring for someone with an illness, facilitated by a certified spiritual director.

When? 2nd Thursday of the month
Jan 9, Feb 13, Mar 12, Apr 9, May 14, Jun 11,
Jul 9, Aug 13, Sept 10, Oct 8, Nov 12, Dec 10
10:00AM – 11:30AM

Where? Epiphany of the Lord Catholic Church
1530 Norwalk Drive
Parish Outreach Center
Katy, Texas 77450

Facilitated by: Pat Kerlin, Spiritual Director/Life Coach

?? Questions??

Call 281-703-8666 or
Email pat@cfsmkaty.com

Respite care, for those needing care, is available through the Gathering Place from 10AM – 1PM

The Center for Stress Management is a multi-disciplinary team of independent practitioners, who assist in reducing stress, increasing wellness and helping people live fully. Services in counseling, spiritual direction, chaplaincy, and wellness are offered.

Please go online to our website for more detailed information.